



CLAWSON'S OWN | 31st Annual 5K

FREEDOM RUN

THE RACE

WHEN June 28, 2009. Race: 7:30pm. Race Day Registration: 6:15–7:15pm.

WHERE Clawson City Park, on Elmwood (14 1/2 Mile) between Crooks and Livernois. Registration area is at north side of the Clawson City Park on Custer Street, South of Park Drive.

COURSE Course length: 5 Kilometers. Starting line is just East of Bywood on Park Drive. Route patrolled by 36 guards. Course follows Park, Washington, Elmwood, Selfridge, Chocolay, Broadacre, Webik, Elmwood, Kenilworth, Dreon, School, Custer, and ends at north entrance of the Clawson City Park.

TIMES Splits are read at the one and two mile marks. Finish times are announced and digitally recorded by overall position.

TIMING The Freedom Run results will be determined using **chip timing**.

AWARDS Trophies for First Three Men and First Three Women. Medals for Top 45 Men and 30 Women. T-shirts for all Registered Runners.

PREMIUM Striking Freedom Run graphic T-shirt for all entrants.

FREE FUN RUN Race 7:00pm—No registration required—A one-mile, cross-country-type course will be run safely and entirely within Clawson City Park. T-shirts awarded to the top three male and female participants.

THE REWARDS

T-shirts With Striking Freedom Run Graphics
AND
Only \$7.00 Early Entry Fee

AND
Custom Medals To Top Finishers

AND
Free One Mile Fun Run

AND
Split Times At the One and Two Mile Marks

AND
Trophies for Top 3 Men and Top 3 Women

FOR MORE INFORMATION CONTACT
MAURIE LEISING AT 248-330-2952

Register online at
<http://www.freedom-run.com>

3 DECADES OF GREAT RACING ★ ★ ★ ★ ★ SUNDAY JUNE 28TH 2009

2009 FREEDOM RUN

PLEASE PRINT

Name _____

Email _____

Address _____

Estimated Race Time _____

City _____ Zip Code _____

Phone _____

Age (As of 06-28-09) _____ Male _____ Female _____

Runner's Signature _____

(Parent's signature if runner is under 18)

DISCLAIMER: In consideration of the acceptance of my application for the Freedom Run, I hereby release all participating groups and persons officially connected with this event from any and all liability for any injury or damages whatsoever arising from my participation in this event.

This area for official use only

This event has been reviewed for the physical activity content and has been endorsed by the Governor's Council on Physical Fitness, Health and Sports. This does not reflect endorsement of the sponsoring organization or the products used.



Entry Fee: \$7 (by June 23, 2009)
Late Entry: \$10 (on Race Day)

Checks Payable To:
Races — Clawson 4th of July Committee
Box 105
Clawson, MI 48017

Please DO NOT mail after June 21, 2009
Web application available until June 23, 2009